



## Grand Avenue Primary & Nursery School

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Thursday, 8<sup>th</sup> May 2025

Dear Parent/Carer,

### Health Education Year 5 Summer Term 2025

Over the next few weeks we are continuing with our Relationships and Health Education programme of study. This term part of the topic includes how our bodies change during puberty and human reproduction.

To support our teaching, we have invited the school nurse to lead two sessions on **Monday, 9<sup>th</sup> June** and **Monday, 16<sup>th</sup> June**.

Please see attached an overview of each session along with links to video clips that will be shared and discussed during the lessons.

If you have any concerns about your child attending these planned sessions, please contact your child's class teacher or me to discuss your concerns. It is really important all children access this information as they need to be aware of the expected changes during puberty that they will all go through. Knowing this information and being prepared will also support your child's mental health. It is also important that your child has the opportunity to ask any questions they may have to a trained professional who regularly speaks to primary school aged children rather than hearing information second hand from other children often in the playground.

If you have any further concerns or queries please contact me at school. I am happy to help.

Kind regards,

**Mr McHale**  
**Deputy Headteacher**



*Enjoying Learning - Exceeding Expectations*